



You are Clairvoyant:

DEVELOPING THE SECRET SKILL WE ALL HAVE

Belinda Grace

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Are you an intuitive person?

Is it possible to develop your intuition and clairvoyance?

According to author BelindaGrace, being clairvoyant or intuitive is not a magical skill but an innate ability that anyone can learn to develop. It can often be seen more easily in children and some people will have more flair for it than others. It is an inner wisdom and connection that has been with us all along but somehow, many of us lose this connection.

BelindaGrace has been running workshops to help individuals develop their natural intuitive and clairvoyant abilities for eight years. She has a Diploma of Homoeopathy and has also studied chakra balancing, meditation and channelling. She has a thriving practice as a Clairvoyant Healer in Neutral Bay, Sydney.

This book will show you how to get in touch with your secret skills. It has easy to follow exercises and techniques to develop your imagination, clear and revitalize your chakras, to explore the skills of channeling and gain insight.

The author says that we put so much effort into developing outward appearances but our inner worlds now demand some much needed attention due to the increasing pressures of daily life. She has been surprised at the number of corporate workers that visit her practice from nearby city offices. It is perhaps indicative of a growing awareness of the mainstream population seeking out this spiritual connection again.

Clairvoyant Healing includes reviewing and clearing of past lives, chakra balancing and general clearing and balancing of the human energy field (aura) and bringing through information for the client from their own Angels and Spirit Guides. All of these approaches can result in profound and lasting relief from emotional and psychological problems such as depression, anxiety, phobias and even obesity. BelindaGrace says that we need to address the underlying emotional causes of these situations in order to conquer them.



BelindaGrace did not begin to address her own imbalances until she was nearly 30 years old. Before discovering the holistic approach, she suffered continual poor health and eventually burn out and chronic fatigue. She had worked her way up through the ranks of the fashion industry, including a stint in London where she enjoyed the life of the party girl and worked and played hard. On returning to Australia, she continued her successful career in fashion as a buyer for a national women's wear chain, which included all the 'glamour' of overseas buying trips. It was during this time that she started to suffer from serious emotional and physical health problems. She saw an alternative health practitioner who helped change the course of her life. Her fascination with holistic healing has developed her own intuitive and clairvoyant skills which she shares with us in '*You are Clairvoyant: developing the secret skill we all have*'

BelindaGrace is available for interview.

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DEVELOPING THE SECRET SKILLS WE ALL HAVE

by **BelindaGrace**

About the Author

BelindaGrace graduated from the *East Sydney Technical College Fashion Design* course in 1983. She did just about every job in the trade from pattern maker to designer, showroom sales of latest ranges to account customers, and eventually progressing to product manager/key account manager for one of Australia's largest manufacturers. Her final role was as a buyer for a national women's wear chain. Her fascination with holistic healing lead her to learn and develop her own intuitive and clairvoyant skills. She started her new field of work with a Diploma of Homoeopathy at the *Australasian College of Natural Therapies* (1996) and two years of private training in personal and spiritual development, including meditation, chakra balancing and channelling. She also completed a post graduate certificate in Clinical Homoeopathy at the *Naturecare College, Sydney* (1997). These classes were the starting point for the work she does now as a Clairvoyant Healer. She was a guest speaker two years running at Club Med Lindeman Island's Body & Soul seminars that were run in conjunction with *Weight Watchers Magazine*.

Whenever possible, you will find BelindaGrace enjoying the beach near her seaside home on Sydney's Northern Beaches, or curled up on the couch with a good book and her contrary cat Molly. At other times you will find her at Neutral Bay Health and Wellbeing, where you can come and have an individual session with her, or attend one of her regular courses or workshops. BelindaGrace hopes to share in this book, her own experiences with others in a way that is inspiring and empowering.

Suggested questions for interview:

- Why do you believe that all people have a clairvoyant ability that they can develop?
- Why is it important to develop these skills?
- Surely not everyone can become a Clairvoyant Healer like you as a profession. How will your book help people find meaning and purpose in their everyday lives?
- What do you say to people who don't believe in reincarnation?
- How did you begin your work as a Clairvoyant Healer?
- What is a 'psychic conversation'?
- In your book you mention that 'intention' is very important. Can you elaborate on that?

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